

## Facial Rejuvenation Preparation Sheet

The following information will allow for you to help us to give you the best possible treatment by creating the best environment for you. Please read them thoroughly.

**Skin Condition:** Please arrive for treatment with a freshly washed face. Do not apply any skin products such as lotion, sunscreen, make-up, etc. You are welcome to apply skin moisturizer AFTER your treatment, if you'd like, just not before.

**Hair:** If your hair is long enough to cover any part of your face or neck that you want treated (such as hair bangs), please bring a hair clip or other method to restrain your hair up and out of the way during your treatment.

**Medication:** If you are currently on medication that can cause excessive bleeding or easy bruising, such as Warfarin, Coumadin or other "blood thinners", please advise the office in case we need to reschedule your appointment. Because of the nature of the treatment using needles in various locations, we don't want you to suffer any adverse reactions. Do not receive any Botox treatments before treatment. The facial acupuncture can reverse the effects of the Botox.

**Medical Condition:** If you are sick, especially of a contagious type, PLEASE call and reschedule for a time you feel better. You won't be penalized for it. We want EVERYONE healthy and happy.

**Clothing:** Please wear loose fitting clothing to accommodate any body acupuncture that may accompany the facial treatments.

**Music:** Feel free to bring with you any music devices that you can listen to (through ear plugs) to make your treatment time more pleasurable.

I understand and agree to the subjects listed on this page.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_